

## Make the Clear Choice

For 20 years Center For Sight has been the region's premier vision center, providing comprehensive eye care services and surgery in our state-of-the-art facilities. Our multi-specialty team of eye care professionals offer the expertise to treat the full range of eye disorders, including glaucoma, macular degeneration, dry-eye syndrome, cataracts and more. We also provide more of today's advanced vision correction procedures than any other center in southwest Florida, including lens replacement surgery with premium lenses and state-of-the-art IntraLase LASIK laser vision correction. In addition, our complete vision care services include regular eye exams, prescriptions for glasses and contact lenses, an outstanding optical department offering a wide range of the latest corrective lenses, frames and contact lens options and staffed by experienced ABO certified experts.

To learn more about glaucoma, attend one of our FREE seminars on advances in glaucoma diagnosis and treatment. Call us, or visit our website at [centerforsight.net](http://centerforsight.net) for a complete seminar schedule.

No reservations are required. Just pick a date and bring along a friend to this informative event. Or call us to schedule an appointment 925-2020.

## Joshua W. Kim, M.D.



As a specialist in the diagnosis and treatment of glaucoma, Dr. Kim is committed to delivering unsurpassed results and exceptional care to Center For Sight patients.

As a native of the Pacific Northwest near Seattle, Dr. Kim graduated magna cum laude from the University of Washington with a Bachelor of Science Degree in Biochemistry. He went on to earn his medical degree from Tufts University in Boston. Returning to the University of Washington, he continued his education with an internship in medicine, followed by a residency in ophthalmology. Dr. Kim then joined the premier New York Eye & Ear Infirmary in New York City for a distinguished fellowship specializing in glaucoma under the tutorage of Drs. Ritch, Liebmann, and Tello.

Dr. Kim is a member of the American Academy of Ophthalmology and board certified by the American Board of Ophthalmology.

At Center For Sight, Dr. Kim performs advanced diagnostic exams, glaucoma and cataract surgery, glaucoma laser therapy and implantation surgery. As a specialist focusing on glaucoma, he is skilled in laser therapy, trabeculectomy, Aqua Flow® Implantation, and SLT treatment.

### Locations:

2601 South Tamiami Trail, Sarasota, FL 941.925.2020  
1360 East Venice Avenue, Venice, FL 941.488.2020



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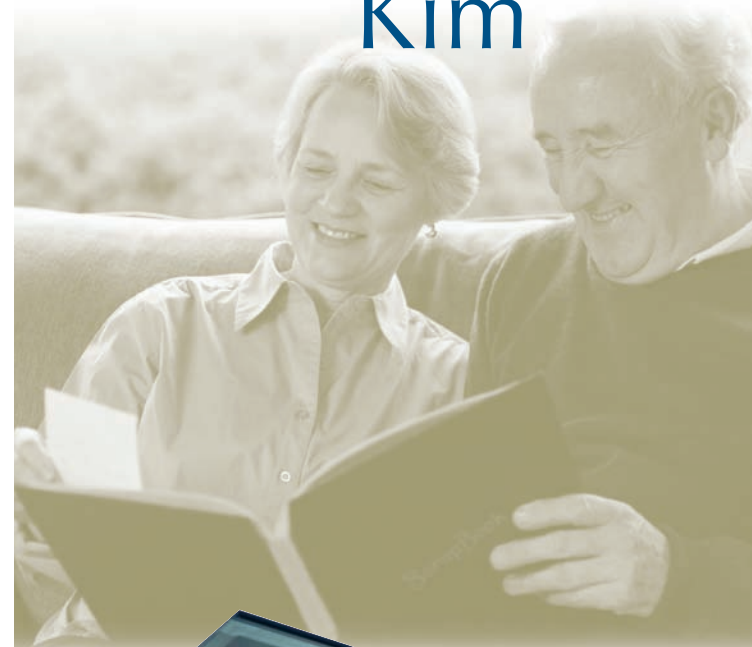
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## Glaucoma Care by Kim



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## Understanding Glaucoma

Glaucoma is one of the leading causes of blindness worldwide. In most people with glaucoma, the fluid within the eye does not drain properly, resulting in an increase of pressure inside the eye. This pressure causes irreversible damage to the optic nerve which sends information to the brain that allows you to see.

While there are several types of glaucoma, the most common is chronic open-angle glaucoma. In this form of glaucoma pressure builds slowly causing the problem to go undetected while the optic nerve suffers damage.

In the early stages of open-angle glaucoma, vision remains normal, but as pressure continues to damage the optic nerve tissue, you may notice a loss or blurring of your side vision. Without treatment, the field of vision continues to narrow leading to eventual blindness.

## Know If You Are At Risk

While anyone can get glaucoma, some people are at an increased risk for developing this disorder. These include:

- Age (as we get older, the higher the risk)
- People with a history of high eye pressure
- People with a family history of glaucoma
- Those who have suffered an eye injury
- African Americans, who are five times more likely to develop glaucoma
- Diabetics

## Early Diagnosis Can Save Your Sight

Glaucoma can be easily detected during your regular eye examination by your eye care physician. In addition, Center For Sight offers the revolutionary OCT and GDx Laser Scanners, advanced diagnostic technologies that detect glaucoma far earlier than traditional testing methods. These technologies are fast, comfortable and non-invasive. In a matter of minutes, it can determine if there is even the smallest amount of damage to the optic nerve so treatment can begin at once to prevent vision loss.

Evaluation with the OCT or GDx Laser is especially recommended for those people who are at increased risk for glaucoma. This technology also can be used for monitoring glaucoma patients during treatment to ensure that the condition is being controlled effectively.

## Treating Glaucoma At Center For Sight

Center For Sight is the leader in bringing our patients the latest advances for the treatment of glaucoma. While there is no cure for the disorder, effective treatments are available that can control the pressure within the eye and prevent vision loss.

**Medications.** A variety of different eye drops and oral medications are used to control glaucoma. However, some of these drugs may stop working over time, or they may cause unpleasant side effects. If a problem occurs, your physician may try a different medication, or discuss other treatment options.

**Selective Laser Trabeculoplasty (SLT).** Using laser light, we are able to make small changes in your eyes which allow the fluid to drain more easily. Laser treatments are performed on an outpatient basis. Center For Sight was the first practice in the area to provide SLT treatment.

### **Trabeculectomy/AquaFlow/Glaucoma Tube Implant**

When treatment with eye drops, medication or laser does not lower the intraocular pressure level, surgery may be necessary to reduce the fluid pressure in the eye.

A trabeculectomy or glaucoma filtration procedure may be performed to create a new passageway for the fluid in the eye to escape. In some procedures a drainage device is implanted to improve filtration of fluid from the eye. Center For Sight was the first practice in the Sarasota area to provide treatment with the advanced FDA-approved AquaFlow Collagen Drainage Device. We are dedicated to using the latest proven technologies to enhance surgical outcomes. For your convenience, glaucoma surgery is performed on an outpatient basis, in the comfort of our fully accredited Surgery Center.



## Protect Your Vision

Glaucoma is a disorder characterized by an increase in the fluid pressure within the eye. If left untreated, over time this pressure will cause irreversible damage to the optic nerve resulting in vision loss. In fact, glaucoma is one of the leading causes of blindness in the United States.

Glaucoma affects as many as 4 million Americans, or 2% of all adults over the age of 40. Unfortunately, many people with glaucoma don't even know they have it. That is because there are no symptoms in the early stages of the condition. However, glaucoma can be easily diagnosed by your eye care physician and treated to prevent optic nerve damage. That is why we recommend regular eye examinations for all people over 40 years of age.