



CENTER FOR SIGHT
YOUR CLEAR CHOICE

Laser Vision Correction Surgery Information

IMPORTANT INFORMATION PLEASE READ CAREFULLY

Pre-Operative Instructions

- You will be scheduled to arrive one hour prior to your treatment. This will allow sufficient time to complete the necessary paperwork and prepare you for your procedure without being rushed.
- Wear clothes that do not need to be pulled over your head and remove all make-up, perfume and body lotion prior to arrival.
- Stop wearing contact lenses at least two weeks prior to treatment.
- Be sure to eat something light before arriving.
- Payment is due in full prior to the procedure. If you are taking advantage of our affordable monthly payment plan, please set this up in advance of the procedure day.

Laser Day

- During your treatment you may feel a slight pressure sensation, which is mild pressure and will only last about 5-10 seconds. The doctor will be talking to you during the laser treatment and someone will be holding your hand the entire time.
- Immediately following your laser surgery, clear shields will be placed over your eyes for protection. Your vision will be blurry and may feel like "you are looking under water." Your eyes may tear and feel slightly scratchy.
- We will provide you with sunglasses for your comfort.
- We recommend you go directly home and begin putting in your eye drops according to the instructions given to you after your procedure. After a few hours, the discomfort will be greatly reduced, if not completely gone.
- Remove your shields as instructed and start your eye drops at this time. Reapply the shields loosely.
- Put one more set of drops in your eye(s) prior to going to bed and apply shields firmly with tape as instructed.
- You should not drive a car, operate machinery or attempt to climb stairs the same day as surgery.

Day One After Surgery

- Carefully remove the tape and shields and put one set of drops into your eyes as instructed.
- Your post-op appointment time at Center For Sight is usually first thing in the morning.

- Your EYE DROPS are Vigamox and EconoPred. Use the drops four times a day in the operated eyes for one week. Wait 2 to 3 minutes between drops. Systane tears may be used as needed for comfort.
- Your eyes will be light-sensitive and may be scratchy. Red blotchy areas on the white of the eyes, if present, may take 10 days to resolve and are normal. PLEASE DO NOT TOUCH OR RUB YOUR EYES.
- Your vision will be foggy at first, but will improve as the day goes on, and each day thereafter. Redness and irritation will subside after you begin your drops.
- Your vision will typically fluctuate during the first few weeks. This is part of the normal healing process, and usually indicates that your eyes are dry. This is an indication to use your Systane tears more frequently.

Activities

The Day After Surgery – After Your Appointment with Dr. Lahners

- You may drive if you feel comfortable and safe with your vision.
- Wear protective eyewear in all activities that could result in rubbing or bumping your eyes. Be extra careful if you have small children or animals at home.
- No swimming for one week.
- Do NOT use mascara or eyeliner for one week.
- Avoid strenuous activities for one week. Jogging and aerobics are OK, but cut back on weights by half for one week.

Care of the Eyes

- The most important instruction to remember is: **DO NOT RUB OR TOUCH YOUR EYES.**
- It is normal for your eyes to be slightly sore and somewhat light sensitive. The drops will help relieve this.
- Your eyes may feel scratchy and irritated. This is normal. Artificial tears should be used as often as necessary to relieve this irritation. Blinking frequently also helps.
- Expect your vision to fluctuate for the first few weeks. It will probably be blurry in the morning but clear in the afternoon. You can expect glare and halos from lights in the evenings. This will improve each week.
- Wear the shield provided to you at night for one full week (seven nights).

Transportation Arrangements:

Please arrange for a responsible adult to transport you to and from surgery. If you do not have transportation, Center For Sight offers courtesy transportation to all surgery patients.

**PLEASE CONTACT CENTER FOR SIGHT IF YOU HAVE ANY QUESTIONS OR CONCERNS.
IN SARASOTA CALL (941) 925-2020, IN VENICE CALL (941) 488-2020.
24 HOUR SERVICE.**

