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Laser Skin Resurfacing Frequently Asked Questions

What is laser resurfacing?

Laser skin resurfacing, commonly called a laser peel removes the outer, often damaged layer of skin for a smoother, younger look. It is a safe and effective treatment that can be used in conjunction with other procedures, such as a facelift.

Using the energy emitted from a laser beam, laser skin resurfacing can help rejuvenate the skin of the face, remove benign growths, reduce the appearance of wrinkles and minimize surface scars. This is done by tightening collagen and elastic tissue which results in dramatic skin tightening and wrinkle reduction.

How does it work?

Like with any skin resurfacing procedure, including chemical peels and dermabrasion, laser resurfacing works by removing the top layers of dead skin, leaving the way for new cells to appear, creating tighter and younger looking skin.

During the procedure, which can last anywhere between 10-minutes to ½ hour, the laser will be passed back and forth over the treatment area. The depth with which the laser penetrates the skin can be controlled precisely by the surgeon according to the desired correction.

What is the laser latest technology?

Heavy CO² Laser

A carbon dioxide (CO²) laser beam uses intense, precisely-focused light which vaporizes the surface skin and reveals the undamaged layer beneath. The skin is tightened giving a fresher appearance and a dramatic 75% wrinkle reduction is typically seen. Laser resurfacing results can last for 10 years with a good skin care regimen.

ActiveFX

ActiveFX is a procedure that combines the laser for resurfacing with fractional coverage. Fractional coverage means that only a fraction of the surface of our skin is actually treated by the laser. By leaving small “bridges” of untouched skin, you heal much quicker and you can get back to your busy lifestyle sooner. The greatest benefit to the ActiveFX is noticeable results with little downtime. Typically a 30% wrinkle reduction is witnessed but with a series of three Active FX treatments performed three months apart a 50% wrinkle reduction will be noticed.

Combination Laser

A combination laser, pioneered by Dr. Fezza, is a customized laser treatment tailored to an individual's skin, which combines the benefits of heavy CO² laser and the added benefit the Active FX laser provides, little downtime.

When is laser skin resurfacing not appropriate?

People with olive, suntanned or black skin are not the best candidates for laser skin resurfacing. Others who do not make good candidates include those who are prone to scarring, are taking certain medications or have a skin disorder.

What should I expect after the laser skin resurfacing procedure?

You will probably experience some mild swelling and discomfort similar to a sunburn for a few days. This can be controlled with ice packs and medications prescribed by your surgeon. There may be a red, crusted appearance for eight or more days with the heavier CO² laser or just four days with the Active FX laser.

Make-up can be worn in 4-10 days to cover residual pinkness which can last for three months with heavier laser treatments.

How do I schedule an appointment?

Go to centerforsight.net and click "schedule an appointment" or call 925-2020.