



## **Mini Facelift Frequently Asked Questions**

### **What is a mini facelift?**

A mini-facelift tightens the jaw line area, repositions the skin to remove jowling in a small minimal downtime procedure. The small incision is inconspicuously hidden inside the front of the ear, the sagging muscle is tightened and excessive fat under the chin is conservatively removed. Results are quickly evident and natural, revealing smoother, more youthful facial contours and jawline. Many mini-facelift patients are in the early stages of visible aging or seeking enhancement of a previously performed facelift.

### **What is the time required for a mini facelift?**

It takes about one hour to perform a mini-facelift surgery, which may include neck liposuction.

### **What are the side effects of mini facelift?**

Mini-Facelift side effects include temporary discomfort, bruising, and numbness, but usually pain is minimal.

### **How long do mini facelift results last?**

Mini-facelift results can last for about 5-10 years, but depend on the patient's lifestyle and will be affected by continued aging, gravity and the elements.

### **What is the recovery time for mini facelift?**

The patient returns home with a bandage over the area, which will be removed one day after the procedure. It is recommended that patients keep the head elevated when resting and sleeping during the initial stage of mini-facelift recovery. Sutures dissolve in about one week after surgery. Many patients are able to return to work just several days after surgery, but bruising is present for 7-10 days.

### **Is there much discomfort for mini facelift?**

After a mini-facelift, discomfort will likely be minimal, but can be controlled with oral pain medication if needed and cold compresses.

### **Where is the procedure performed?**

The mini facelift is an outpatient procedure performed in Center For Sight's AAAHC surgery center. The procedure is performed painlessly under sedation in the safety of an accredited sterile operating room with appropriate monitoring by trained professionals.

**What is the difference between mini facelift and full face lift?**

A mini face lift has a shorter, more limited incision than that of a full face lift. The incision used for a mini face lift may be half the length of a full face lift incision and eliminates most of the incisions behind the ears. While a mini face lift corrects jowls and some loose tissue under the chin, a lower face lift corrects both jowls and the lax turkey neck giving a more dramatically angular jaw and neck line.

**How do I schedule an appointment?**

**Go to [centerforsight.net](http://centerforsight.net) and click “schedule an appointment” or call 925-2020.**