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FotoFacial RF Frequently Asked Questions

What is FotoFacial RF?

FotoFacial RF is a non-surgical skin rejuvenation that uses intense pulses of visible light combined with radio frequency energy to enable dramatic improvement in many visible signs of aging and sun damage. It specifically targets brown and red discolorations of the skin, including sun spots, broken blood vessels, melasma, and rosacea. Unlike many other cosmetic procedures, it can be performed not only on the face but upon any body area, including the neck, chest and hands.

How does it work?

FotoFacial RF utilizes advanced technology which delivers pulses of optical and radio-frequency (RF) energy selectively into the brown and red blemishes on the skin without damaging the normal areas. It also has been shown to strengthen the skin by increasing collagen and elastin, which can lead to improvement in skin texture and may smooth fine wrinkles.

What should I expect during a treatment?

During this in-office procedure, a thin layer of cooling gel is applied to the desired body part. Dr. Newman then employs a hand piece which passes over the area utilizing a series of pulses to deliver the energy. Some patients may experience discomfort which is almost always well tolerated.

Does it hurt?

Most of our patients report a tolerable level of discomfort during the procedure, and usually no pain or a slight burning sensation for a few hours afterwards. For their comfort, patients are provided with a topical anesthetic cream which may be applied 60 minutes before the procedure.

Is there down time?

One of the greatest benefits of a FotoFacial RF treatment is that there is usually **no down time**. The only limitation after a procedure is to minimize sun exposure, which can be accomplished by hats and judicious use of a broad spectrum sunscreen. Some patients do experience a slight temporary darkening and peeling of their brown spots before they fade.

What results might I expect?

FotoFacial RF is primarily a treatment to improve color and texture of sun damaged skin. Results may vary, but one can reasonably expect a 50-75% improvement in redness, spider veins

on the face, brown blemishes, melasma, and sun damage spots. A lesser and more variable degree of improvement can be seen in fine wrinkling, pore size and skin texture irregularities.

How many treatments are needed with the FotoFacial program?

Patients will see a gradual and persistent improvement of their skin over a 12-20 week program which is about 3-5 treatments.

Are there any side effects?

Side effects can include transient redness and increased or decreased pigment in the treated area. Minimizing sun exposure can reduce these side effects.

What are the post treatment procedures?

Immediately after your treatment the area is cleansed and you can return to your normal activities. There is virtually no down time, and you may go right back to work. Do not suntan for the next week, and avoid any excess sun exposure for the next month.

How do I schedule an appointment?

Go to centerforsight.net and click “schedule an appointment” or call 925-2020.