

FACES BY FEZZA AT CENTER FOR SIGHT

JOHN P. FEZZA, M.D., COSMETIC FACIAL SURGEON

WHAT TRENDS DO YOU SEE IN YOUR AREA OF SPECIALTY THAT WE SHOULD KNOW ABOUT? First, I'm a surgeon that would prefer that you do everything you can to maximize your health through diet and exercise. With that being said, there are changes that happen as we age that we cannot control. There is sagging under our eyes, our cheeks become deflated and there is some redistribution of weight that is unfair to us. I specialize in face-lifts and eye tucks because these are the first things that people see and they create a youthful look. If you want to look younger and have a really natural appearance, then facial surgery to restore a clean jaw line, reduce jowls and tighten your neck will reverse the clock. With advances in medicine, we've found ways to make smaller incisions providing patients with less downtime after a surgery.

Our skin, which gets hit year after year by the sun, can be an age-telling factor. New lasers revamp the skin where collagen has broken down, buff out brown spots and make the skin look 10 years younger. We also focus on using nonsurgical fillers to plump and reduce lines, or use muscle relaxants like Botox, which helps reduce lines. "You can really restore youthfulness without surgery," says Dr. John Fezza, cosmetic facial surgeon for Center For Sight. "For women, we want to create a soft and gentle appearance. One that is very natural and strikes beauty." I have a lifelong commitment to treat patients, helping them look natural and youthful with the least downtime possible.

Center For Sight

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Dr. John Fezza has been Director of the facial cosmetic surgery and skin care services at Center For Sight since 1998. He was trained at Yale and Vanderbilt Universities and has seven years of training focused on facial cosmetic surgery. Dr. Fezza specializes in facelifts, eyelid surgery and lasers and has been voted as a Castle Connolly "Top Doctor." He is also a nationally recognized author and lecturer on surgical techniques and non-surgical facial rejuvenation.

Center For Sight is the premier, multi-physician vision care and cosmetic facial surgery practice in Southwest Florida. The physicians and staff of Center For Sight have committed themselves to achieving unsurpassed results for every patient. All surgical procedures are performed in Center For Sight's AAHC accredited, state of the art surgical facility in Sarasota. Their mission is "to be the best in the world at Bringing Clear Vision to Life™, through caring and trusting relationships and the pursuit of excellence in eye, cosmetic, skin care and hearing services." Center For Sight has seven locations throughout Southwest Florida. The company employs more than 200 staff and over 20 physicians and surgeons. To attend a live seminar or view one online, go to www.CenterForSight.net/seminars.